

# ESSENTIAL RESOURCES



## Navigating cannabis use during pregnancy & and chest /breastfeeding

### Native Womens Association of Canada

- [Cannabis Education for and by First Nations, Inuit and Métis Peoples](#)
- [Cannabis and Pregnancy, Lactation and Fertility](#)
- [Parenting and Cannabis](#)
- [Cannabis and Youth](#)

### Wading through the Weeds

- [A Public Health Response to Supporting Pregnant and Breast/Chestfeeding People who Consume Cannabis](#)
- [About the project](#)

### Cannabis & Mental Health

- [Free 90-minute virtual course](#)
- [Mentor Guide](#)
- [Book a free Workshop with US!](#)

### The Society of Obstetricians and Gynaecologists of Canada

- [Are you pregnant, considering pregnancy, or breastfeeding?](#)
- [Legal Cannabis Not Worth Risk for Pregnant Women. Why Risk It?](#)
- [PregnancyInfo.ca](#)

### OTHER RESOURCES

- [Pauktuutit - Link here](#)
- [Centre for excellence for women's health:](#)

### CONTACT US

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